

**PERO**  
Family Farms

LET'S  
TO GO  
THE  
FARM



**COLORING, GAMES, LEARNING & MORE**

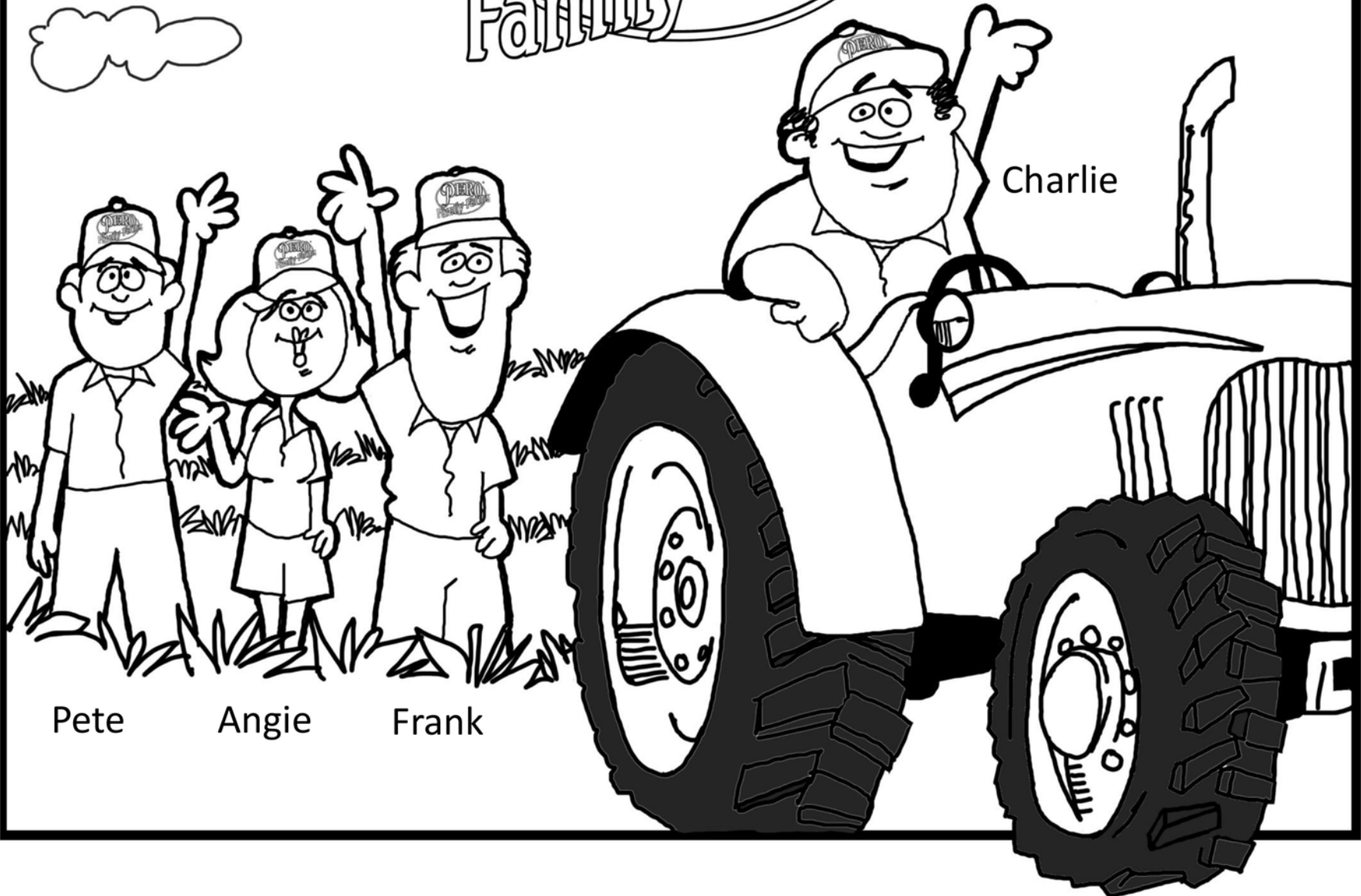
**TAKE A TRIP WITH MRS. GREEN  
AND HER CLASS. GO TO THE  
FARM AND SEE HOW YOUR  
FRESH PRODUCE STARTS  
WITH SEEDS TO BEING DELIVERED  
TO YOUR SCHOOL.**



visit us at: [www.PeroFamilyFarms.com](http://www.PeroFamilyFarms.com)

# PERO<sup>®</sup> Family Farms

Welcome. A farm can be a lot of work. It can also be a lot of fun. What's really important is we need farms like Pero Family Farms to feed us and keep us healthy.



Pete

Angie

Frank

Charlie



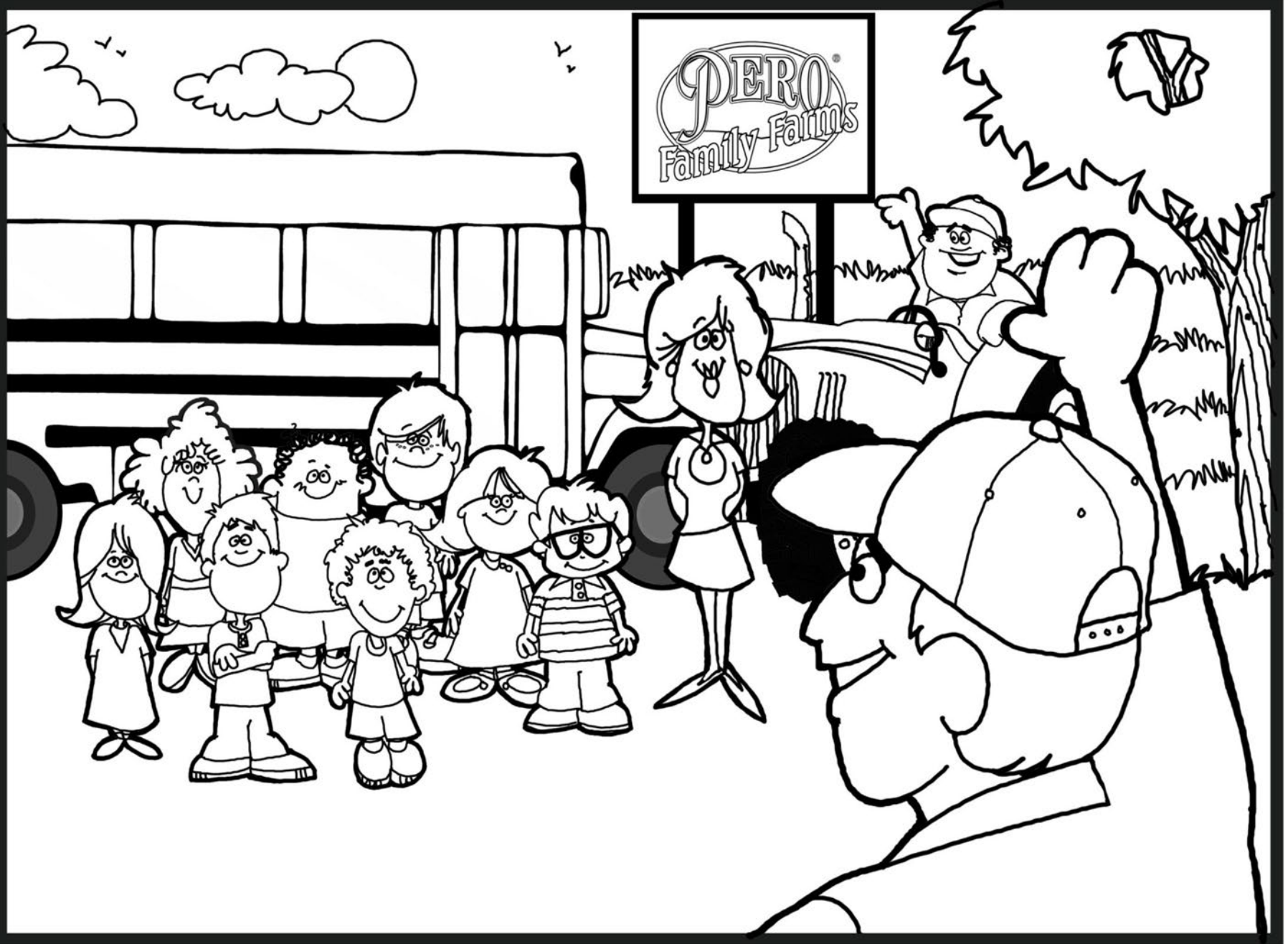
[www.PeroFamilyFarms.com](http://www.PeroFamilyFarms.com)



Mrs. Green has been teaching everyone in class about how good vegetables are to eat. She asks everyone if they would like to go see a real farm. Everyone says "YES", and they are ready to go on a field trip to a farm!



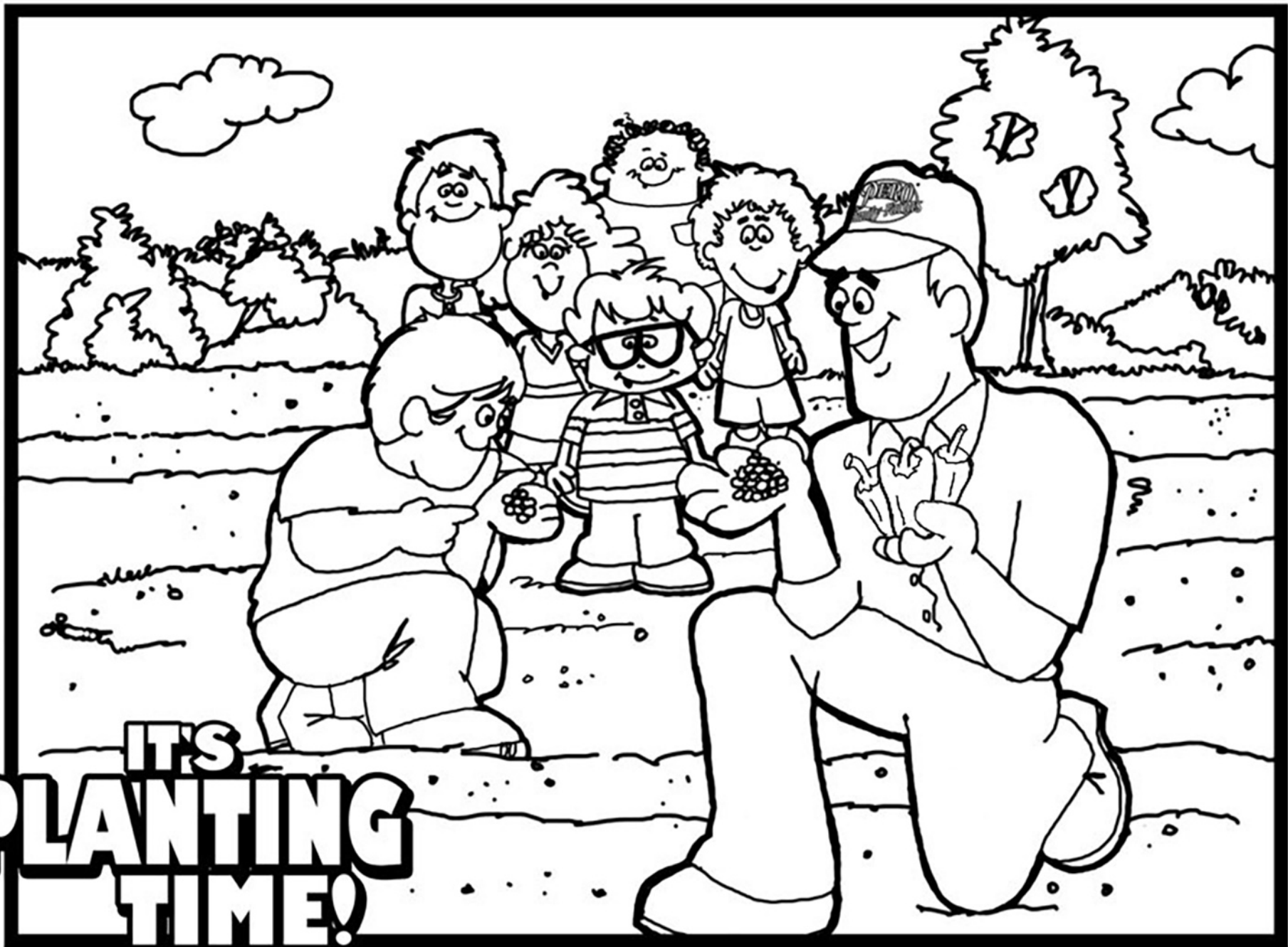
Everyone at Pero Family Farms is happy to see Mrs. Green's class.  
Everyone receives a big welcome and hello! "Are you ready to see a farm?", Pete asks.



The first thing we do at the beginning of the growing season is plant seeds in the soil.  
Frank shows the class how these tiny pepper seeds are going to turn into full grown Mini Sweet Peppers!

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**IT'S  
PLANTING  
TIME!**



Plants need these four basic elements to help them grow and produce good vegetables.

### SUN

Plants need lots of sunshine to grow.



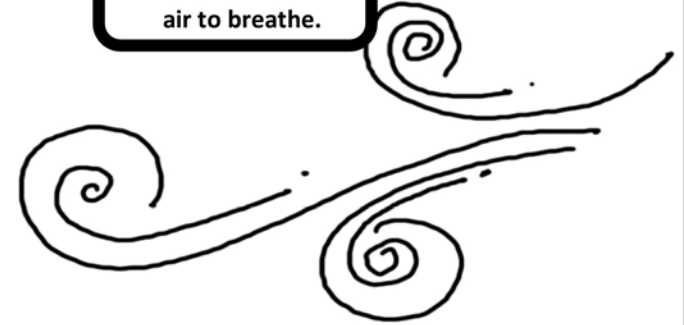
### WATER

Plants need water to feed their roots.



### AIR

Plants need clean air to breathe.



### SOIL

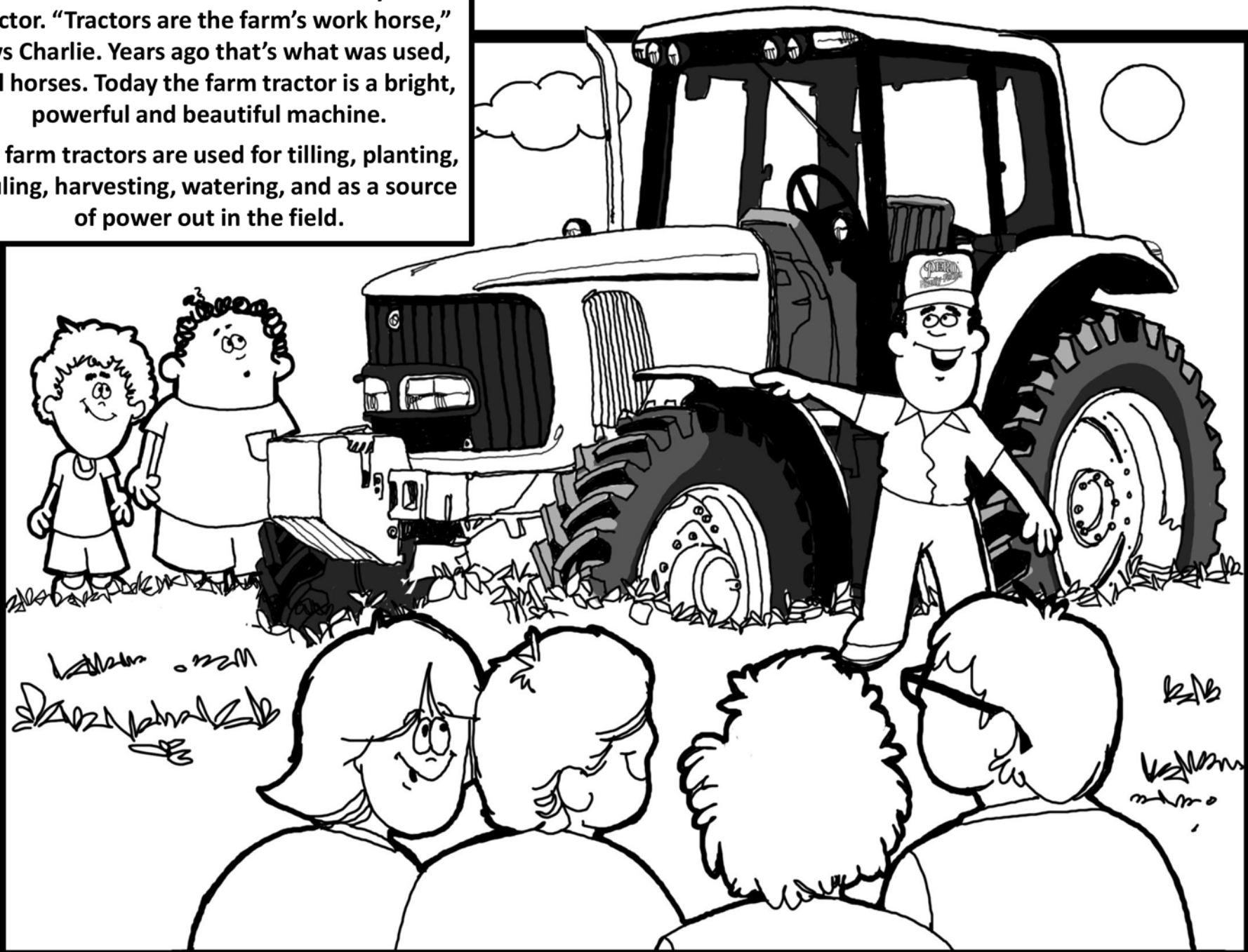
Plants need healthy soil for their roots to grow.



# IT'S GROWING TIME!

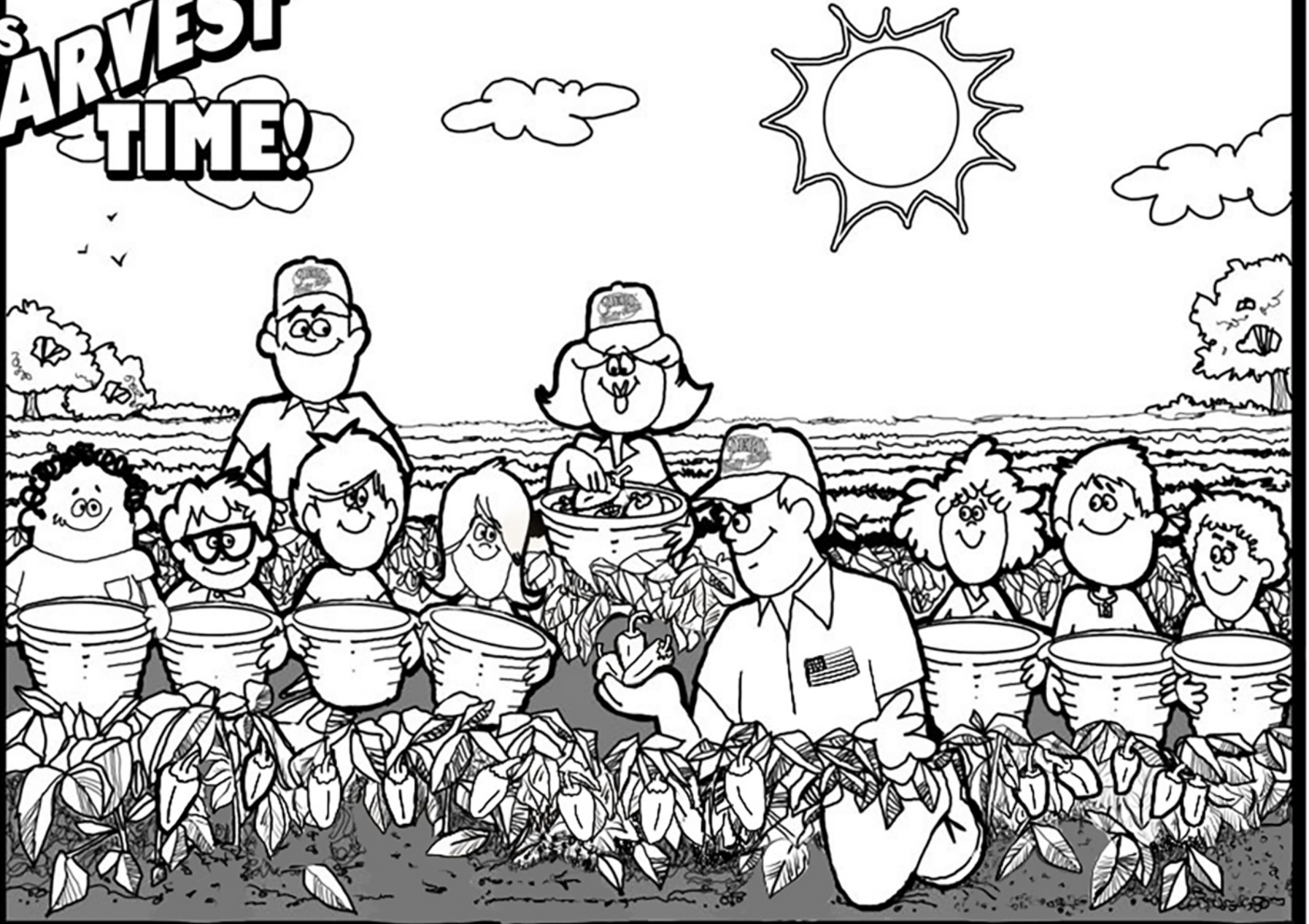
Charlie takes a moment to show everyone a tractor. "Tractors are the farm's work horse," says Charlie. Years ago that's what was used, real horses. Today the farm tractor is a bright, powerful and beautiful machine.

The farm tractors are used for tilling, planting, hauling, harvesting, watering, and as a source of power out in the field.



It's now harvest time for the Mini Sweet Peppers!  
Pete, Frank and Angie show the class how to carefully pick the new, ripe Mini Sweet Peppers.

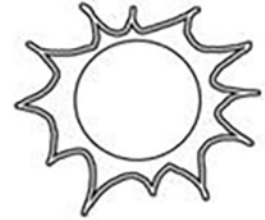
**IT'S  
HARVEST  
TIME!**



# ABOUT MINI SWEET PEPPERS

Mini Sweet Peppers are an EXCELLENT source of Vitamin C and are a great snack to help keep your body healthy!

Mini Sweet Peppers start out green in color and then turn into a different color as they grow and ripen. They will turn into one of these three colors—red, yellow, or orange. All three colors of Mini Sweet Peppers are sweet and delicious. You can enjoy them as a snack with your favorite dip, or cooked in your favorite meal!



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COLOR THIS  
MINI SWEET PEPPER

Red



COLOR THIS  
MINI SWEET PEPPER

Yellow



COLOR THIS  
MINI SWEET PEPPER

Orange



COLOR THIS  
MINI SWEET PEPPER

YOUR FAVORITE  
COLOR





**Once the Mini Sweet Peppers are harvested, they are brought into the packing house, cleaned, inspected, sorted, then packed to be shipped.**



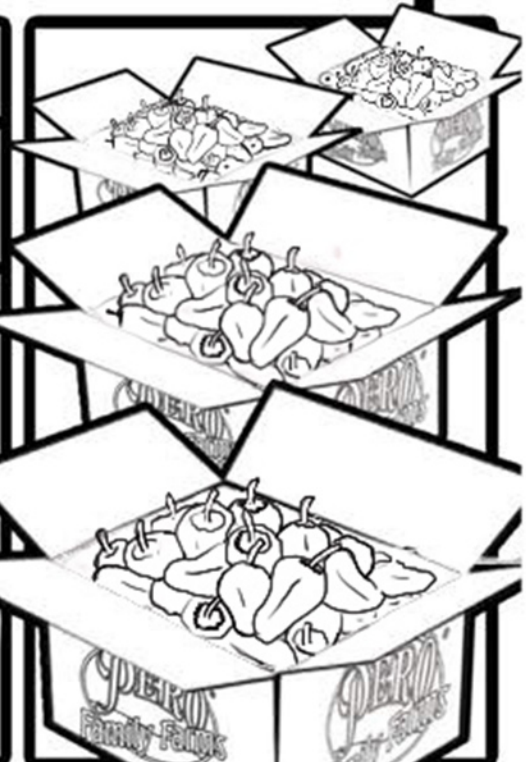
**The Mini Sweet Peppers are brought into the packing house immediately. This keeps them cool and fresh.**



**The Mini Sweet Peppers are then cleaned.**

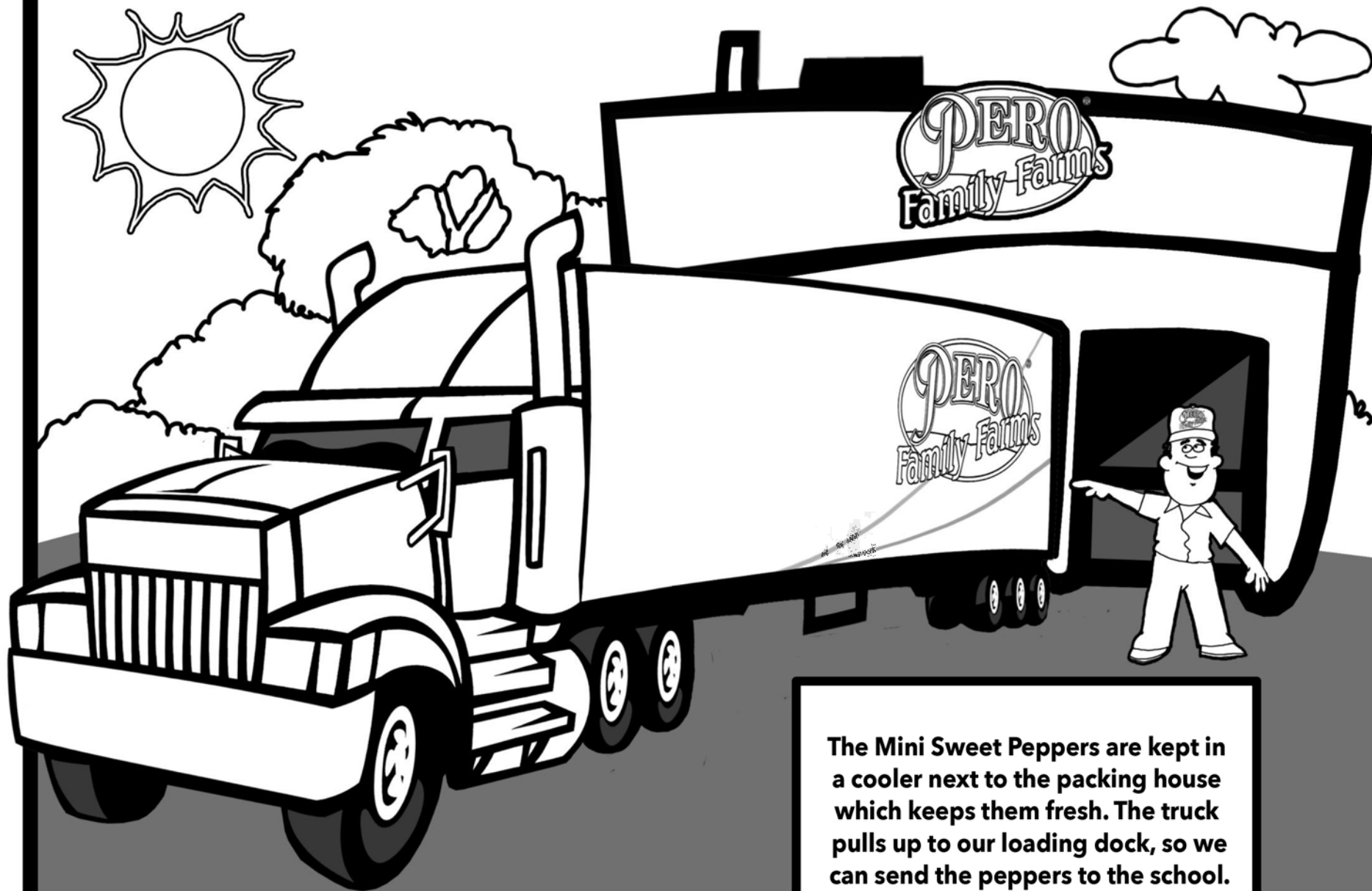


**The Mini Sweet Peppers are then inspected and sorted for size and quality.**



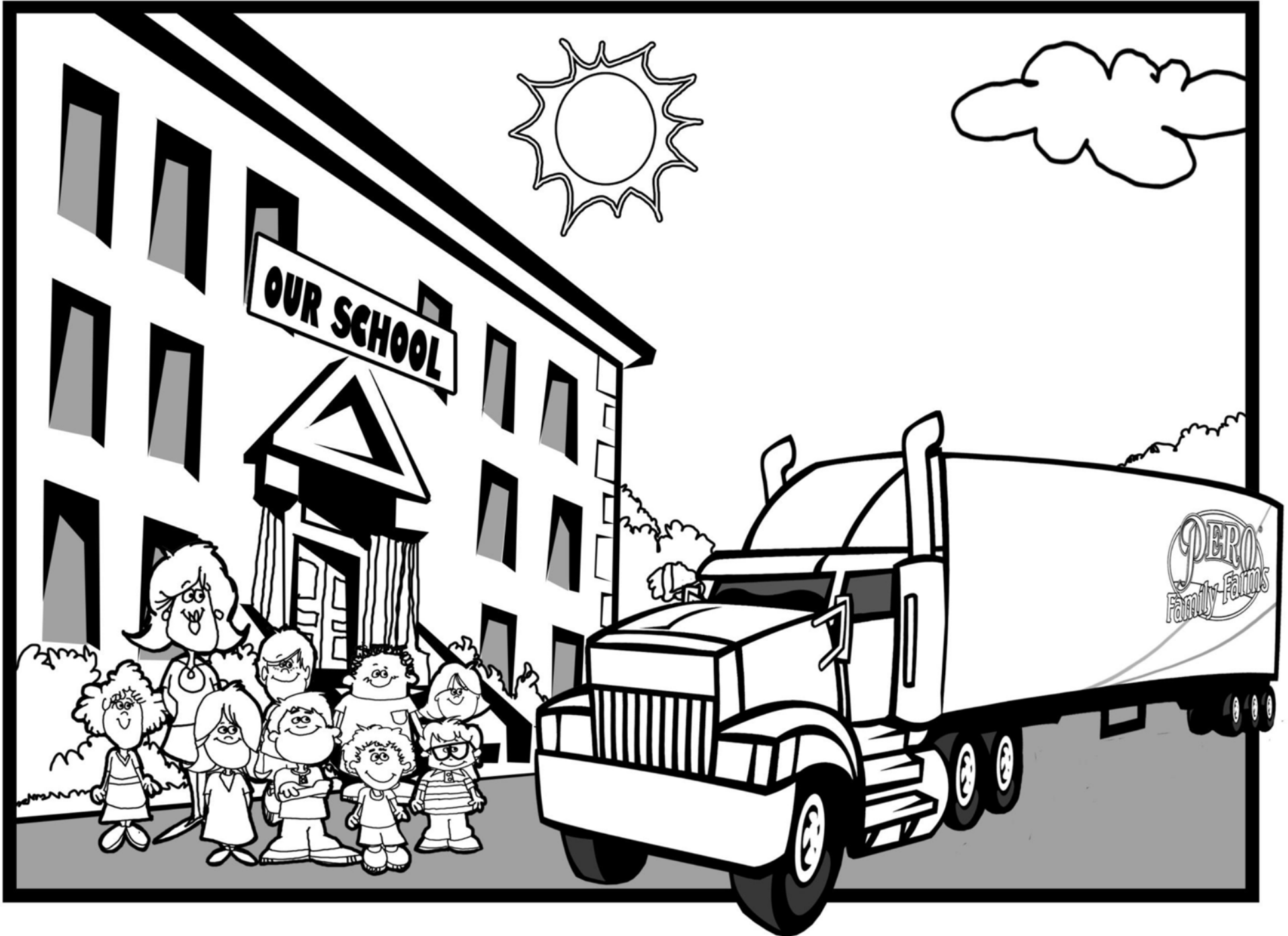
**Next the Mini Sweet Peppers are placed into boxes for shipping.**

**Mini Sweet Peppers are now ready to be shipped.**

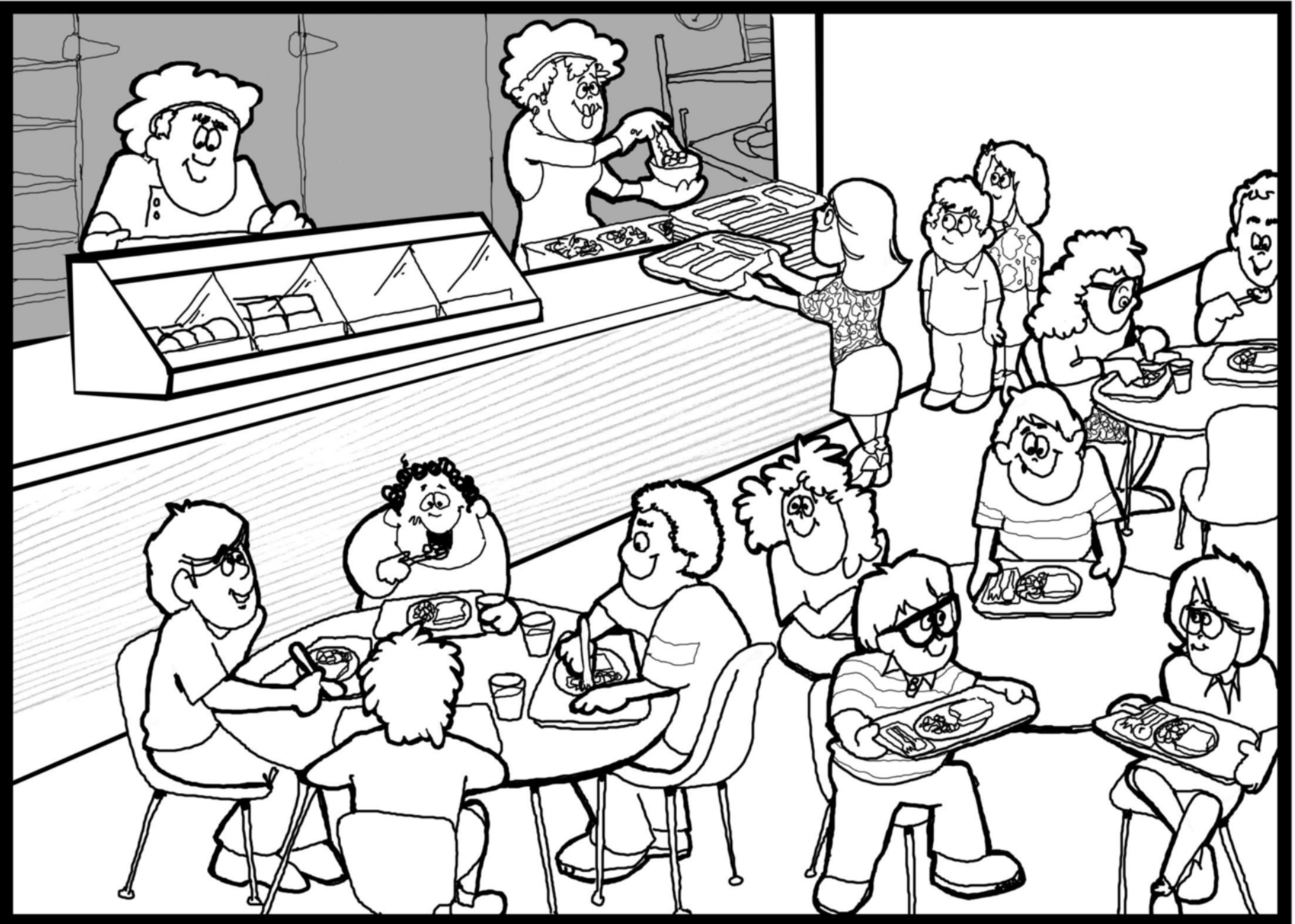


**The Mini Sweet Peppers are kept in a cooler next to the packing house which keeps them fresh. The truck pulls up to our loading dock, so we can send the peppers to the school.**

The big day arrives. Mrs. Green's class greets the big truck as it arrives to deliver their Mini Sweet Peppers.



The Mini Sweet Peppers are stored in the school cafeteria and prepared by the cafeteria staff for lunch. Everyone enjoys a healthy lunch and they all have good nutrition for the rest of the day.

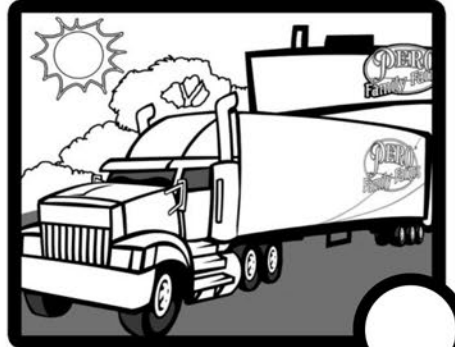


# FARM TO TABLE ACTIVITY

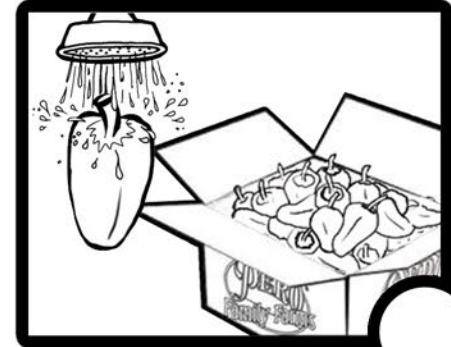
It takes several steps to get the vegetables to your school. Put these in the correct order by placing the correct number in the circle.



Vegetables are ripe, then picked in the field.



Vegetables are put into the truck for delivery.



Vegetables are cleaned and packed.



Plants are growing.



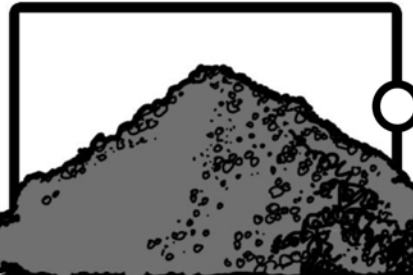
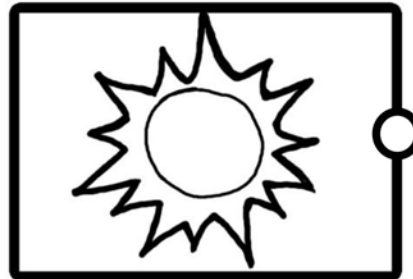
The vegetables arrive at school and are prepared for lunch.



Seeds are planted.

# FARMING THE BASIC ELEMENTS

## ACTIVITY



**WATER**  
Plants need water to feed their roots.

**SOIL**  
Plants need healthy soil for their roots to grow.

**AIR**  
Plants need clean air to breathe.

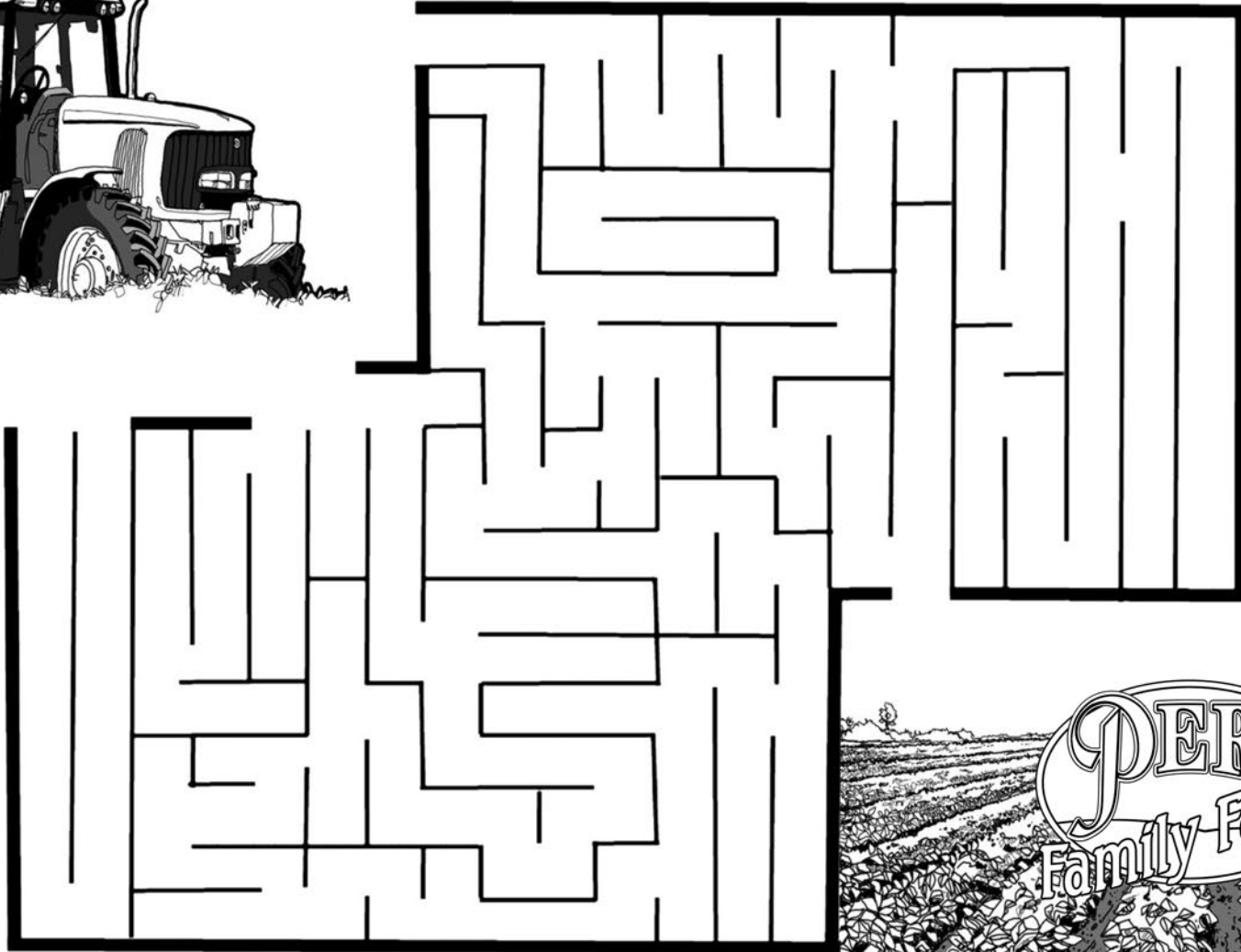
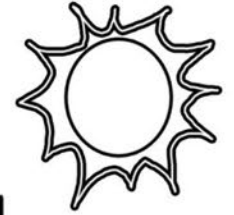
**SUN**  
Plants need lots of sunshine to grow.

Plants need these four basic elements to help them grow and produce good vegetables.

Draw a line between the boxes to connect each picture with the right description.

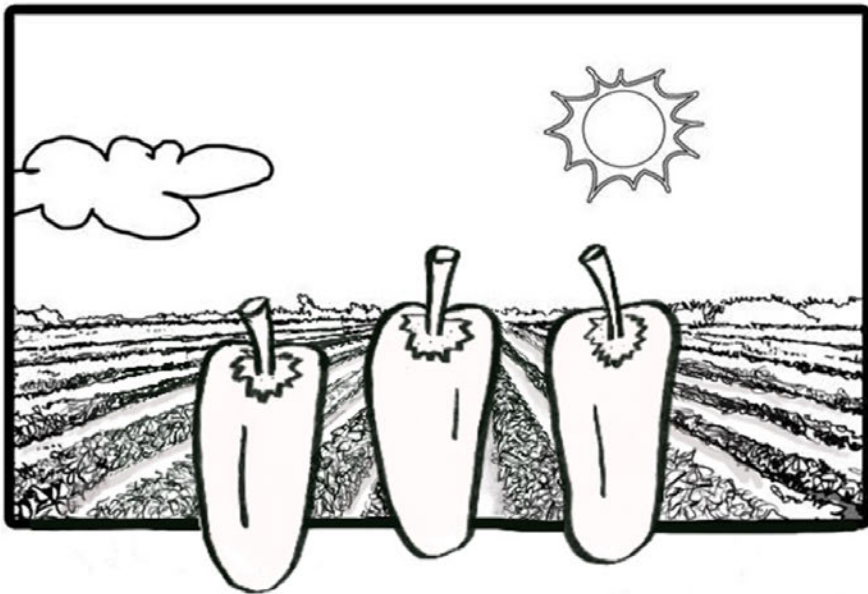
# TRACTOR GAME

HELP OUR TRACTOR FIND THE FIELD



# FARMING MINI SWEET PEPPER QUIZ

## ACTIVITY

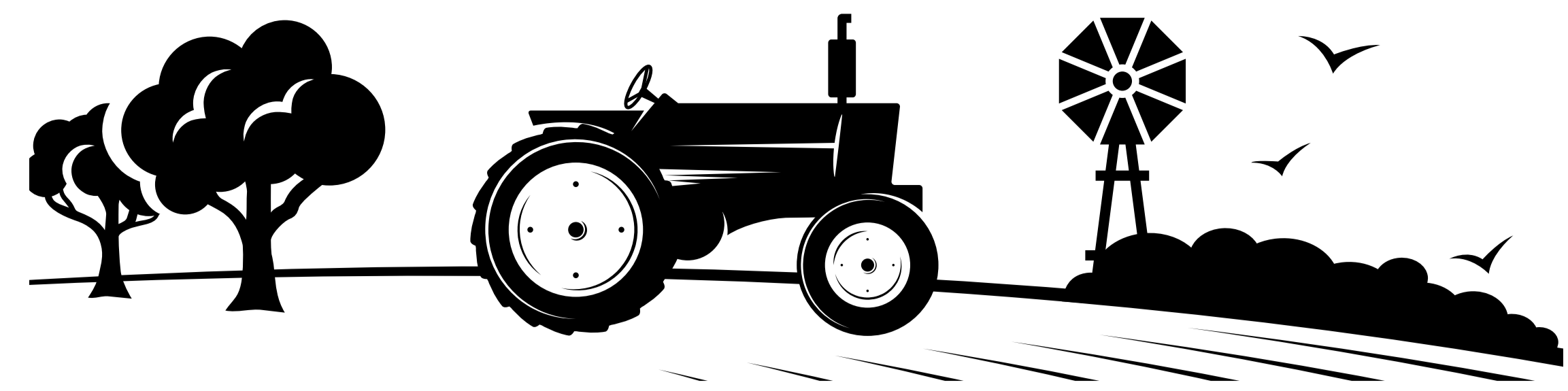


_____	_____	_____
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Can you name the three pepper colors you will find in a bag of Pero Mini Sweet Peppers?  
Color the peppers and write your answers in the boxes above.



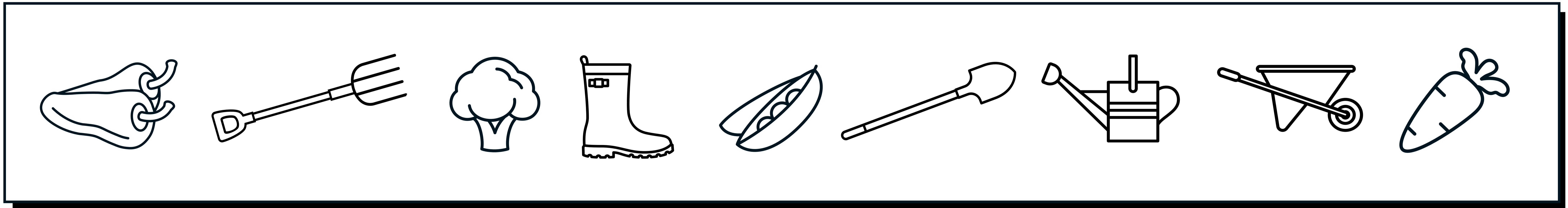
Since 1908



# FUN ON THE FARM

## PICTURE HUNT

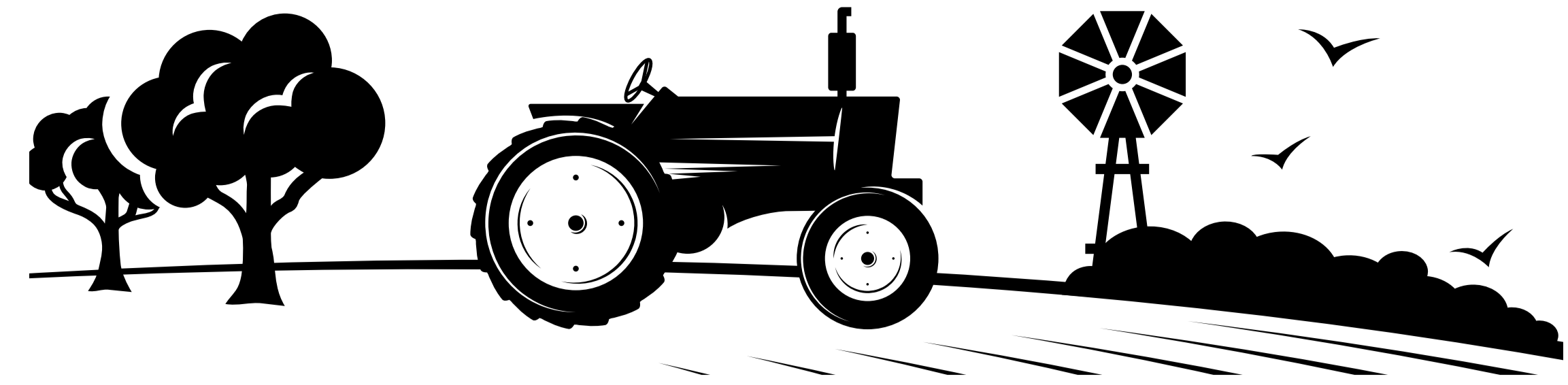
Help Farmer Pete by finding and coloring these hidden objects in the scene below



**Healthy Tip:**  
Pero Mini Sweet Peppers are a  
**GOOD SOURCE** of **VITAMIN C**,  
a natural Immunity Booster!



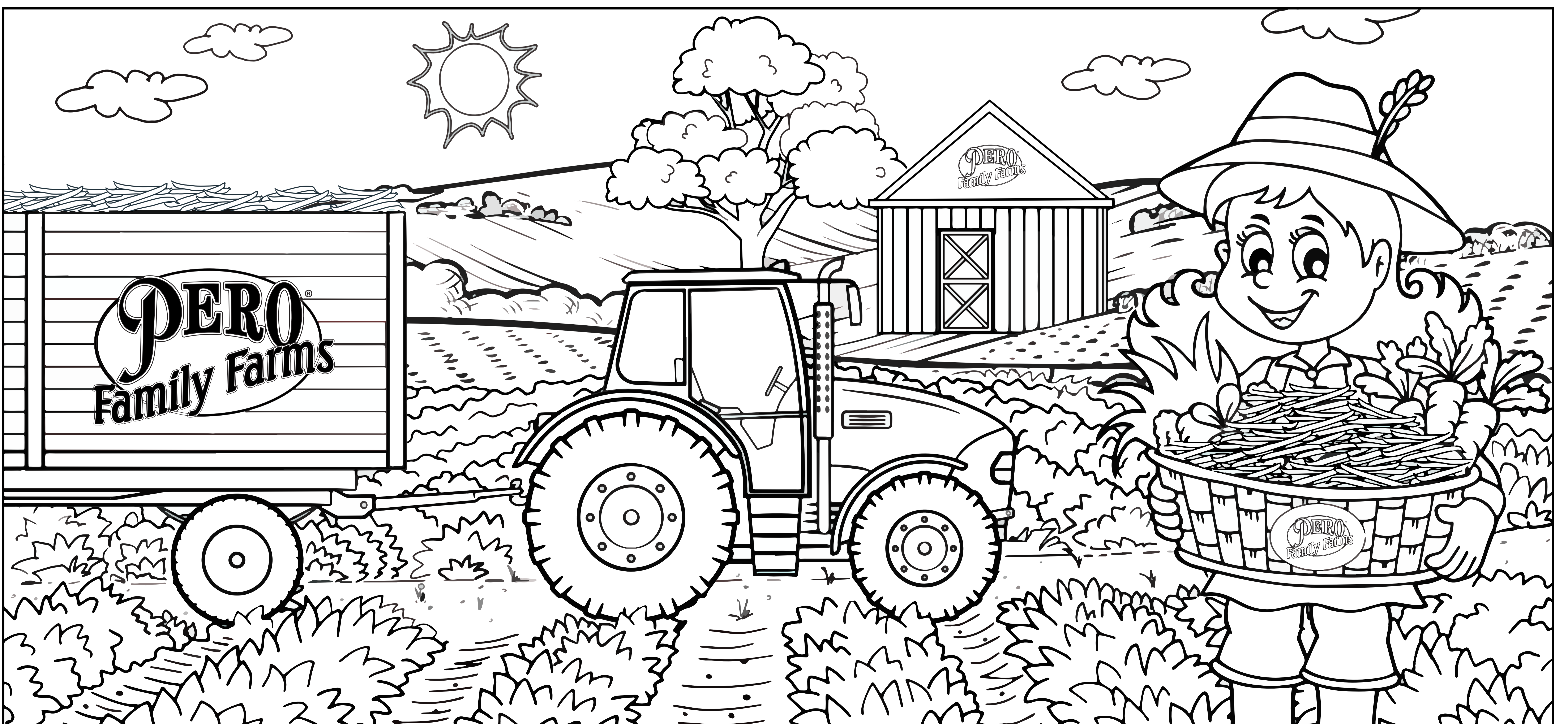
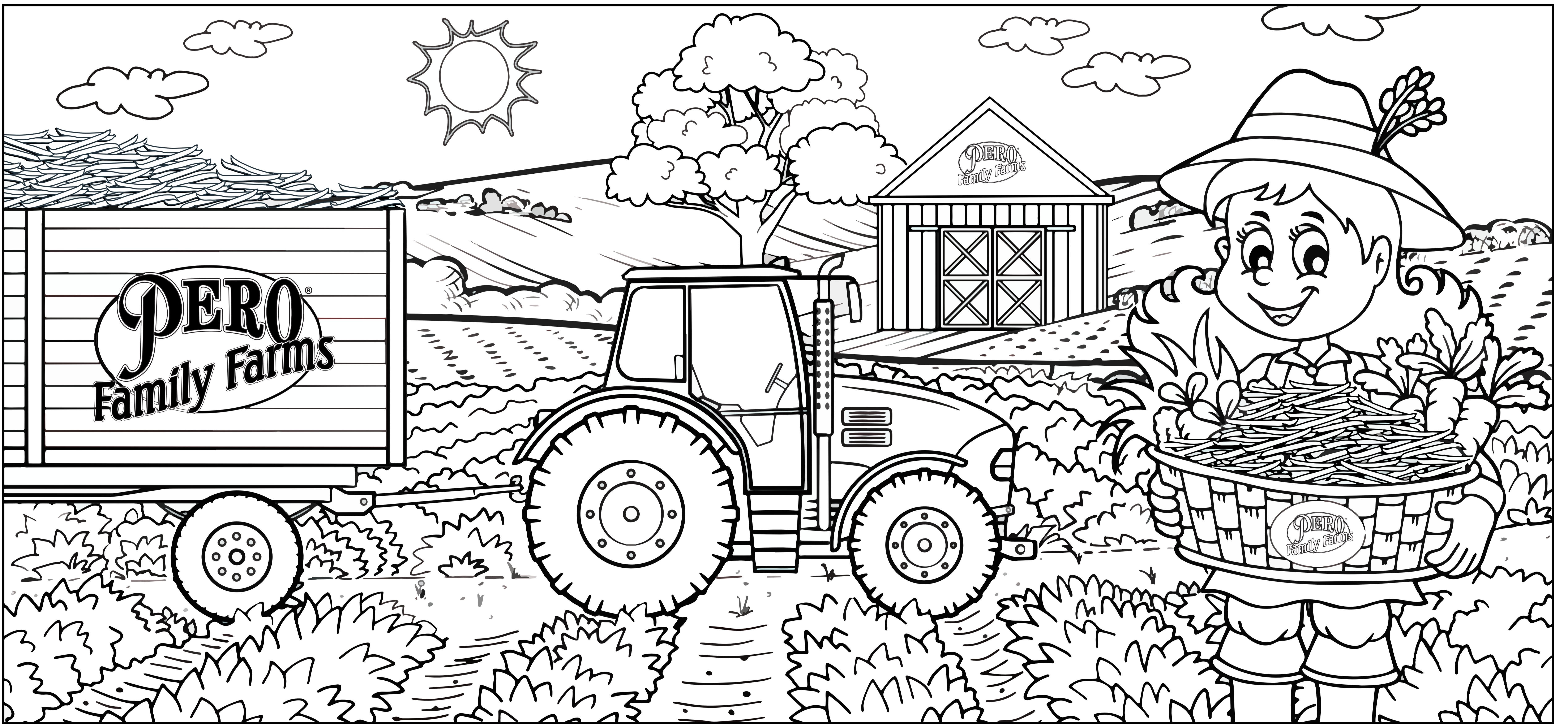
Since 1908



# FUN ON THE FARM

SPOT THE DIFFERENCE

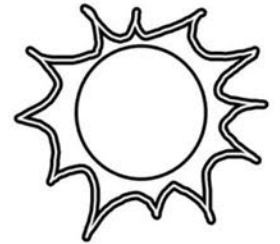
Find and color the **10** differences between the two pictures!



Healthy Tip: Pero Snipped Green Beans are a **GOOD SOURCE** of **DIETARY FIBER** for Healthy Living!

# MY NOTES

A large, empty rectangular box with a thick black border, intended for writing notes. The box occupies most of the page below the title.



**BE HEALTHY.  
EAT YOUR  
VEGGIES!**



**PERO FAMILY FARMS  
HEADQUARTERS: DELRAY BEACH, FLORIDA**

**[WWW.PEROFAMILYFARMS.COM](http://WWW.PEROFAMILYFARMS.COM)**